

## Kindness Advent Activities

Giving

Donate money to a charity or organization that your kids select.

Take hot chocolate or coffee and treats to your teachers.

Ding Dong Ditch a plate of cookies for your neighbors.

Choose at least one toy or book to donate to a local charity.

Choose at least one article of clothing to donate to a local charity.

## Buy a gift for a community toy drive.

Donate food or shop for groceries to donate to a local shelter or food bank.

Leave holiday notes with candy canes on your neighbor's cars.

Donate a book to your library or to the Little Free Library in your neighborhood.

Donate food, blankets, towels, stuffed animals, or pillows to an animal shelter.

Take cookies to a fire station.

Donate a blanket to the homeless.

Leave flowers on someone's doorstep.

Make holiday cards and drop them off at a nursing home.

Pay for someone else's coffee.

Give every delivery person a candy cane.

Acts of Kindness

Call one of your grandparents or extended family members on the phone.

Practice a random act of kindness for someone (open a door, share a book, etc.)

Make someone else's bed.

Do one of your sibling's chores.

Make a Christmas card and mail it to your grandparents or family member.

Leave a surprise note or picture for a family member.

Play with someone at school that is alone at recess.

Write a note to your siblings telling them what you love most about them.

Help make dinner

Help do the dishes after dinner

Write your letter carrier a note of thanks and leave it in your mail box.

Write a thank you note to any helpers in your life (cleaning people, babysitters, etc.)

Write a letter to a member of the military thanking him or her for serving our country

Do yard work for a neighbor

Leave chalk messages around your neighborhood or local park

Bring a candy cane for everyone in your class

Make a card for the school receptionist

Invite a new friend over to play

Give someone a compliment

Hold the door for someone

Family Activities

## Have a holiday movie night!

## Bake Christmas cookies!

Go shopping and pick out a present for each person in the family

Look at family Christmas photos

Drive to look at Christmas lights wearing your PJ's.

Write a note to Santa

Read a Christmas book to a younger sibling or parent

Watch "A Charlie Brown Christmas" movie

Read or watch "The Grinch Who Stole Christmas."

Listen to holiday music and drink hot chocolate

Decorate the door to your room

Decorate a small tree for your room

Make a bird feeder.

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